



Beth Israel Deaconess
Medical Center

Are you a mom?

Are you interested in sharing your experience with and providing support to other new moms?

Are you looking for an interesting volunteer opportunity that is flexible, doesn't require a lot of time, and you can mostly do from your home?

Come join the **PARENT CONNECTION'S** **Mentoring Moms' Program**

Welcoming a new baby into the home can be both an exciting and overwhelming experience, especially for first-time parents. Because new parents may have questions and concerns about caring for their baby, the Beth Israel Deaconess Medical Center offers the **PARENT CONNECTION**, a network of experienced moms who provide emotional and informational support through weekly phone calls to first-time moms for the first 12 weeks postpartum. Our **Mentoring Mom volunteers** are available to listen, give support and provide answers to the questions of new parents. After completing a brief but excellent training program, volunteers commit 3-6 hours per month for at least 6 months.

The PARENT CONNECTION'S Mentoring Moms' Program has received rave reviews from both new moms & volunteers.

If you are interested in joining us, please contact the **PARENT CONNECTION** office at **617.667.BABY(2229)**.

www.bidmc.harvard.edu/obgyn